## TAKE FLIGHT READING LIST

## The Tail

(Systems, Processes, Habits and Routines)

- 1. "Buy Back Your Time" by Dan Martell
- **2.** "Atomic Habits" by James Clear
- **3.** "The Compound Effect" by Darren Hardy
- **4.** "Who Not How" by Dan Sullivan and Dr. Benjamin Hardy
- **5.** "High Performance Habits" by Brendon Burchard
- **6.** "Procrastinate on Purpose: 5 Permissions to Multiply Your Time" by Rory Vaden
- 7. "The 5 Second Rule" by Mel Robbins
- **8.** "Rest" by Alex Soojung-Kim Pang
- **9.** "The Miracle Morning" by Hal Elrod
- **10.** "The Power of One More" by Ed Mylett
- **11.** "Slight Edge" by Jeff Olson
- **12.** "Productivity Series" by Thibaut Meurisse
- **13.** "The Power of Habit" by Charles Duhigg
- 14. "No Fail Habits" by Michael Hyatt
- **15.** "Effortless" by Greg McKeown

